

# HOLA MUNDO BEACH CAMP General Guidelines for parents and campers May, 2023

Prepared by Hola Mundo Camp Directors



#### NOTE TO PARENTS AND CAREGIVERS

#### A HEALTHY CAMP BEGINS AND ENDS AT HOME!

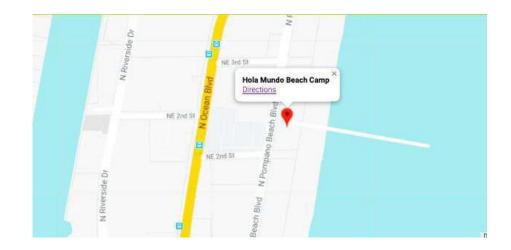
We care greatly about our campers. Although we will take every measure possible to ensure your camper remains healthy, there is still a risk sending your child to camp if precautions are not taken at home. The following slides include some things you can do to help your child have a great camp experience and stay healthy.

# Location



Our exact location in Pompano Beach is Pavilion 2.

- Pavilion 2 is located North of the Fisher Family Pompano Beach Pier.
- Next to the Beach House Pompano Restaurant (310 Pompano Beach Boulevard).



# Camp Schedule



Camp Directors, Counselors, and CITs will arrive at Camp at 7:30 am to set up group tents and organize equipment. Drop off starts at 8:00 am. In order to avoid traffic and let drop off and pick up flow quickly we recommend the following schedule

DROP OFF: CITS 7:30 am	PICK UP
ages 9-11 @ 8:00 am	ages 2-3 @1:00 pm
ages 7-8 @ 8:10 am	ages 4-6 @1:50 pm
ages 3-6 @ 8:15 am	ages 7-11 @ 2:00 pm
	CITs @2:05 pm

<u>NOTE:</u> If you have more than one child attending camp the same week, you can pick up all your children at the time designated for your oldest child. There will be a charge of \$1 per minute for late pick up after 2:05 pm

# Camp Uniform

Make sure you child wears every day to camp his/her camp uniform which consist in the camp rash guard (available for purchase at our Camp's office Trion Center 2020 West McNab Road, Suite 117, Fort Lauderdale 33309), bathing suit and flip-flops or sandals. All campers and CITs must pack their Camp t-shirts so they can change after swimming.

Due to our fun filled and busy schedule, your child will <u>not</u> have time to change into dry clothes at pick up. Your child will be wearing his/her dry camp tshirt with shorts. Extra Camp Rashguards and tshirts are for sale for \$30 and \$15. You may order them by sending an email to holamundocamp@gmail.com, and we will have them for your child the first day at camp.





# Special Nutritional Requirements for your child



Should your child need a particular nutrition plan because of allergies, intolerances or a diagnosis, note these on the Health History form but also contact the camp to make sure (a) they have noted that need and (b) the camp can address it.

<u>LUNCH:</u> Campers may pack lunch everyday. We will offer lunch for purchase every day.



### LUNCH



#### LUNCH

Monday: Peanut butter and jelly, chips and cookie \$8 Tuesday: Macaroni and Cheese and a roll \$8 Wednesday: hot dogs, chips and cookie \$8 Thursday: Camp BBQ Hamburger/cheeseburger chips, cookies \$10

Friday: Pizza and cookies \$8

#### Ice Cream: \$5

If you would like to order lunch, ice cream, or sign up to ride the Banana Boat for your child, you must send an email the Sunday before your camper is attending camp. Please indicate the lunch order with your child's name and send payment through Venmo @holamundocamp or Zelle @Adriana Chambliss 754-235-0995. Please note that we do not accept cash at the beach.



# Protection Against the Sun



Remember to send sunscreen appropriate to the camp's geographic location and that your child has tried at home. Teach your child how to apply his/her sunscreen and how often to do so.

Our counselors will apply sunscreen to our younger campers ages 2–5. Campers 6–11 will be asked and reminded to apply sunscreen throughout the day.



# Staying Hydrated



Water fountains are available at the beach, but campers \*must\* bring their own sports water jug each day! Campers may **NOT** be dropped off if he/ she does not have a water jug. Small water containers will not be accepted.

Please remember that when packing for Hola Mundo Beach Camp, please bring only the essentials – travel light. <u>Be sure to mark all items with the camper's</u> <u>name, as the camp is not responsible for lost or stolen</u> items.



# CHECKLIST: What to bring to camp everyday



Backpack (to carry personal belongings to Camp)

Sunscreen

Personal Hand sanitizer

Clothes suitable for beach wear (shorts, camp shirt and camp rash guard, bathing suit under clothes)

Shoes: Please, please flip flops, or slip on sandals for the beach **NO SNEAKERS** (remember that we walk to the beach everyday)

Towel

Hat or visor

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Sports Water jug (label with your name!)
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Goggles

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Socks (in case sand is hot to play sports or games)
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Snack

Ice cream \$5 Wednesday and Friday (Refer to welcome email)

Wednesday: Fishing rod/bait (optional)

Thursday: bring a white t-shirt or a white clothing item for Tie Dye.

Friday: \$30 Banana Boat (refer to Welcome email)

# Drop Off/ Pick Up /After Care



Drop-off: You have the option of using the drop-off procedure where counselors will help your child/children from your car and then escort them safely to their group. It is highly recommended that PARENTS MAY NOT GET OUT OF THE CAR. Please remember that you will receive a parking ticket if you park without paying for parking. Morning drop-off begins at 8:00 am, and stops promptly at 9:00 am.

Pick-up: 2:00 pm for afternoon pick-up please line up cars in single file. PARENTS are asked NOT TO GET OUT OF YOUR CAR! Counselors will go to your car, and then locate your children at their group's meeting point. To ensure everyone's safety, please obey the counselors and CITs directing traffic ~ they will let the other counselors know when it is safe to take the children to their cars. PLEASE arrive on time. **REFER TO OUR WEBSITE FOR AFTER CARE** 

#### INFORMATION

### In case of Illness



PARENTS: If your child is showing signs of illness such as running a temperature, throwing up, has diarrhea, nasal drainage and/or coughing/ sneezing, keep the child home and contact your camp director. Your child WILL be sent home if he presents symptoms of a cold. This greatly reduces the spread of illness at camp but also supports your child's recovery. Know your camp's policy about illness and camp attendance.

#### EXCUSE FROM ACTIVITIES

We encourage your child to participate in every activity. A written note from the parent is required if the child is to be excused from participation.

### Communicate with Counselors



Talk with your child about telling their counselor, the nurse or camp director about problems or things that are troublesome to them at camp. These trained counselors can be quite helpful as children learn to handle being lat camp for the day. These helpers can't be helpful if they don't know about the problem – so please talk to them.

You may communicate at all times via group text with your Leaders of your group (wearing yellow t-shirts). She/He will introduce on a text message. You may also reach our Director Adriana Chambliss at 754-235-0995.



## ¡Gracias! Thank you!

You may contact our Camp Director Adriana Chambliss at 754–235–0995 if you have any questions or concerns